

**A COMPARATIVE STUDY ON THE REGULATIONS OF ANABOLIC
STEROIDS IN DOMESTIC USE: BETWEEN MALAYSIA AND UNITED
KINGDOM**

By:

Mohamad Asif bin Mohd Noor (2012244812)

Muhammad Azizul Afiq bin Zulkufly (2012821412)

Siti Nurazleen bin Mohd Azlan (2012846006)

Nurul Lydia Nazifa binti Azhar (2012848696)

Submitted in Partial Fulfillment of the Requirements for the Bachelor of Laws
(Hons)

Universiti Teknologi Mara

Faculty of Law

December 2014

The students/authors confirm that the work submitted is their own and that appropriate credit has been given where reference has been made to work of others.

ACKNOWLEDGEMENTS

In the name of Allah, the Most Beneficent, the Most Merciful.

First and foremost, our deepest gratitude we bid to our ever so helpful supervisor, Madam Ainul Hafiza Binti Zainudin for all her efforts and guidance which leads us to the completion of this project paper. Without her guidance, we might not be able to complete this project paper successfully.

We are also thankful to Dr. Noraiza Abdul Rahman for her hard work in teaching us the first stage of this project paper in the Legal Research and Methodology for without her assistance and teaching, we might not be able to come out with an idea to do a project paper on this important area of law.

Special thanks we bid to our beloved friends who had helped and supported us throughout the creation and completion of this project paper. All the teamwork and efforts that has been shown had greatly assisted in making this project paper to come into existence.

And thanks to our Respondents Ms. Dayang Radjwili Hafizah binti Abang Othman and Mr. Norfahmi Bin Yusof from Selangor State of Health Department, Mr. Mohd Ezwan Rosmi from Fitness Factory and all our public respondents for their assistance.

Last but not least, thank you to our most treasured family members for their continuous supports, encouragements, and thoughtful advices during the completion of this project paper. Without them, it will be harder for us to complete our very first project paper.

In a nutshell, we hope that this project paper can help other researchers in fulfilling their own research paper as well as to give ideas and guidelines for Malaysia in regards to the implementation and the enforcement of laws on anabolic steroid.

ABSTRACT

This research has been conducted to analyse the existing legal enforcement in Malaysia governing the use, sale and distribution of anabolic steroids, where, special references have been made to the legal position in United Kingdom. This research aims to examine the adequacy of the existing law Poison Act 1952, Sale of Drugs Act 1952 and Control of Drugs and Cosmetic Regulations 1984 which are ought to be revised in order to handle cases that involves in illegal use and illicit sale and distributions of anabolic steroids. This study also reveals how currently in Malaysia there exist no specific law that focuses on illegal personal use of anabolic steroids and how its enforcement are given very little attention upon. The continuing evolution of the trend of gaining a well-developed aesthetic physical appearance is the main drive that contributes to the demand the anabolic steroids from the market, which in a way leads to a rampant illicit distribution and sale throughout the country. Thus, a comparative study between, Malaysia and United Kingdom has been carried out in this study to determine the present parameters of the law and its enforcement of the illegal use, and illicit sale and distributions.

TABLE OF CONTENTS

Acknowledgement	ii
Abstract	iii
Contents	iv
List of statutes	vii

CHAPTER ONE: INTRODUCTION

1.0	Introduction	1
1.1	Background of Study	1
1.2	Problem Statement	2
1.3	Research Question	3
1.4	Research Objective	4
1.5	Research Methodology	5
1.6	Scope of Research	6
1.7	Limitation of Research	7
1.8	Literature Review	8
1.9	Significance of Research	15
1.10	Provisional Plan of Research	16

CHAPTER TWO: HISTORY OF ANABOLIC STEROIDS AND THE ENFORCEMENT IN MALAYSIA

2.0	Introduction	20
2.1	Harmful effects from anabolic steroids consumption	
2.1.1	Acne	21
2.1.2	Male Pattern Baldness	
2.1.3	Gynaecomastia	
2.1.4	Liver failure	
2.1.5	Cardiovascular diseases	22
2.1.6	Musculoskeletal damage	
2.1.7	Specific concerns for young people	

2.1.8	Specific concerns for females	
2.2	Law in Malaysia	23
2.2.1	Scope of law Anabolic Steroids governed under	
2.2.1.1	Poison Act 1952	
2.2.1.2	Sale of Drugs Act 1952 and Control of Drugs and Cosmetics Regulations 1952	
2.2.2	Power to enforce an offence	24
2.2.3	Power to grant licences	27
2.2.4	The problems faced by Drug Enforcement Officer	
2.2.4.1	Distribution of anabolic steroids without licence	
2.2.4.2	Legal and enforcement challenges	29
2.3	Conclusion	30

CHAPTER THREE: THE COMPARISON BETWEEN LAW AND ENFORCEMENT IN MALAYSIA AND UNITED KINGDOM

3.0	The Scope of Steroids law in United Kingdom	33
3.1	Legislation in United Kingdom	35
3.1.1	Medicine Act 1968	
3.1.2	Misuse of Drugs Act 1971	36
3.1.2.1	Advisory Council of Misuse of Drugs (ACMD)	37
3.1.2.2	Medicines Control Agency (MCA)	39
3.2	Epidemiology	40
3.2.1	Users in United Kingdom	41
3.3	Enforcement of the law	44
3.3.1	Imports and distribution	
3.3.2	Seizure	45
3.4	Conclusion	47